

# Versailles Rehabilitation & Healthcare

200 Marker Road  
Versailles, Ohio 45380  
(937)526-5570

# Packing Your Loved One for Residency: A Guide

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## First: Don't Worry or Stress!

Versailles Rehabilitation & Healthcare Center specializes in not only taking care of your loved ones physically, but making sure they are the happiest and most content they can be. Whether it's providing a friend to talk to, a person to walk with, or a group of friends to play Bingo with, Versailles has you and your loved ones at the top of their priorities!



## Second: We're Here to Help!

While we created this guidebook to ease the process of transitioning your loved one into residency care, we are always glad to answer questions that you may have on moving them in or coming for a visit afterwards.

### Contact Us!

We would be happy to answer any questions you may have at (937)526-5570 or at our email, [info@versaillesrehab.com](mailto:info@versaillesrehab.com).

We also have social media pages on Facebook (Versailles Rehabilitation and Healthcare Center), Instagram (@versailleshealthcare), Twitter (@VersaillesHC), and LinkedIn (Versailles Rehabilitation and Healthcare Center) if you'd like to get a glimpse of our fun day-to-day functions!

## The Basics

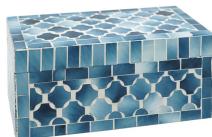
We understand it may be difficult to move your loved one into residency, so the bare bones of what they should enter the facility with for their care are listed below.

- Clothing- be sure these items can stand washing and drying often, and that they are comfortable for your loved one to wear on a daily basis
- Accessories- touches of each resident's personal style are often welcomed to make them feel more at home and items such as colorful scarves, hats, gloves, and more are wonderful ways to allow your loved one to be comfortable
- Temperature Clothing- while the facility is temperature-controlled, we know that some are more cold-blooded than others, so be sure to allow your loved one to have jackets, sweatshirts, vests, non-skid socks, or throw blankets for warmth
- Hangers- while not required, hangers are an easy thing to forget, and they are nice for holding your loved one's nicer clothing, jackets, and more
- Shoes and Slippers- be sure to pack a few pairs of your loved one's favorite comfy shoes, plus a pair of slippers so that they are always comfy
- Pajamas- whether it's a nightgown or pants and a top, be sure your loved one has their coziest pajamas so they can relax and sleep peacefully
- Toiletries- while these are mostly provided here at our facility, some residents and their loved ones prefer to supply favorite shampoos, lotions, perfumes, etc.
- Makeup- for those ladies with use of their motor skills, makeup is a nice way to allow your family member to create a sense of normalcy and routine
- Religious Items- while not all residents or their families are religious, those who have favorite religious items are welcome to, but please ensure these items are not sharp or dangerous, whether crucifixes, rosaries, statues, prayer aids, etc.
- Bedside Lamp- not required, but bedside lamps are a nice homey touch of light
- Hobby Items- this list is not complete, as we understand our residents often have a wide variety of hobbies, but some include: crossword puzzle books, word search books, books of their favorite genre, coloring books, colored pencils, etc.
- Wallets/Purses- while not required, some residents don't feel comfortable without the weight of a wallet in their pocket or a purse on their shoulder

## The Extras

While the necessities are nice to have, they do not always allow for your loved one's new room to seem exactly like home, so below are a few suggestions on extra, optional items your loved one may enjoy.

- Photos from Home- photos in frames from their home are a nice touch to add a sense of home to your loved one's room, but be sure these frames are not sharp or dangerous
- Photo Albums- either take or create scrapbooks or photo albums of your loved one's family in order to allow them to enjoy family moments, as well as possibly labeling photos with names, events, and their relation to the resident for those with memory issues; this will allow them to share photos without the pressure of remembering
- Cards, Artwork, or Posters- items of these sort with sentimental value may allow your loved one to feel comfy and right at home in their new room
- Door Decorations- items such as wreaths, door handle hanging items, and other door accessories from your loved one's home may allow them to feel as though they truly return to "their" room after dining and attending activities
- Decorative Bed Pillows- while at home, some loved ones have throw pillows or decorative pillows that they enjoy, so placing a few of these on their bed are a nice touch
- Bedspread- while the facility provides sheets and other bedding, some prefer the homely touch of their favorite bedspread or quilt
- Small Extra Chair- depending on the size of the room, some residents are able to have a small cozy chair to sit in and to have visitors sit in when they have company
- Televisions/Remotes- while some rooms already have a TV in them, your loved one may not, and could possibly enjoy a small television for their leisure time
- Fake/Real Flowers in Vases- if your loved one often had real or fake flowers in the comforts of their former home, they may enjoy a small arrangement of them here
- Music- some residents, especially in Memory Care, enjoy being able to listen to their favorite music, whether by CDs in a CD Player or by an iPod with headphones
- Snacks and Drinks- of course in accordance with any special diets your loved one may be on, they are able to have their favorite snacks or drinks such as Coke, Pringles, etc.
- Decorative Box- as your loved one may have jewelry or keepsakes they wish to keep secure, a decorative box, pictured below, is a nice, homey touch for storing these items



## Unique New Resident Ideas

We understand that not all residents are alike, but we hope that some of the different and unique products listed below may allow your resident to feel as happy, healthy, at home, and loved as possible.

### Joy For All Companion Pets

By Ageless Innovation

This wonderful company allows your pet-adoring loved one to be comforted by their choice of a fake cat, pup, or kitten that purrs, nuzzles, and reacts to touch. This joy of providing your loved one with a beloved and familiar companion comes with no vet bills after its purchase as well! Available in a variety of colors, styles, and pet types, give your loved one the gift of a furry friend to accompany them in their leisure time.

Website: [www.joyforall.com](http://www.joyforall.com)

Number: (866)532-8534



### Duplicate Jewelry

By Bespoke Fine Jewelry

Does your loved one have a beautiful wedding band, engagement ring, pair of beloved earrings, or other fine jewelry that they are scared to misplace? Look no further than Bespoke Fine Jewelry! In three easy steps you can create a duplicate piece made of less expensive materials! First, snap a few photos of the jewelry in compliance with the instructions on their website, then email these photos to the store, and thirdly, pick out any combination of materials given in the estimate they provide for your piece! It's as simple as that to give your loved one the gift of a duplicate of their beloved jewelry at the same as gifting them piece of mind in misplacing it.

Website: [www.bespokefinejewelry.com](http://www.bespokefinejewelry.com)

Number: (717)814-8565

Email: [info@bespokefinejewelry.com](mailto:info@bespokefinejewelry.com)



Existing Ring      Duplicated Ring

